



**Mixed Lettuce seedling** is a Custom mix of Green and Red Oak, Green and Red Romaine Cos and Buttercrunch varieties of Lettuce. Basilea does it's best to supply plants in different sizes, for different uses. Smaller seedlings are best for planting in your vegie patch and larger seedlings can to planted or and be use right away, buy cutting off the required leaves or cutting off at the base for an instant salad.

Annual / 25-35 cm / Full Sun to Part Shade / Moderate Water & Fertiliser Needs.

**Ruby Streaks Mustard** is the Most Attractive member of the mustard Family. Striking Mulberry Red to Purple veining leaves have a Delicate Texture and Mild, Sweet Mustard Flavour. Tender enough to liven up Salads, and Versatile enough to stand on their own as a vegetable Green, Steamed or added to Stir-Fry dishes.

An Outstanding edible addition to an Ornamental garden, rich foliage adds contrast to flowering plants.

Annual / 30-50cm / Part Shade to Full Sun / Moderate Water / Low Fertiliser

**Perpetual Spinach** is Easy Grow and long-lasting variety of spinach you pick it and it grows and grows in our warm south east Queensland climate. To get the most out of this variety, you continually pick off the outer leaves as you need. This promotes growth of middle leaves, creating the ability of 'Perpetual Use'.

Related to Sliver beet leaves can grow as large as 40cm. Small leaves are as soft and sweet as Baby spinach leaves.

Annual / .4m to 1.2m / Part shade / Moderate Water and Fertiliser needs

**Detroit dark red Beetroot** Heirloom Variety of beetroot has Remarkable Sweet Roots with deep red vein Leaves. Use outer leave in Salads while waiting for the root to grow Lovely used as a creative and Decorative border in garden beds. Keep plants in ground and use as needed. Beetroots are versatile, can be Boiled, Roasted, Fried or Pickled.

Separate seedling to 15cm apart, plant roots deep and water in well.

Annual / .4m to 1.2m / Part shade / Moderate Water and Fertiliser needs

**Black Russian Tomato**, Heirloom variety with unusual charcoal red flesh, quick growing fruit in 8 weeks. Use in salads and sandwiches or whole as a pizza topping

1.2-1.6m / Full Sun - Part Shade/ Moderate water and Fertiliser needs

**Broccoli Baby Brocky** Vigorous growing with baby broccoli shoots plants and be harvested from up to 8 times. Separate seedling to 25cm apart, plant roots deep and water in well. The smaller the sweeter and tender, you can eat broccoli shoots raw in salads  
Annual / 60-80cm / Part shade / Moderate Water and Fertiliser needs

**Tuscan Kale** has a mild Kale Taste and Attractive Dark slender Leaves often known as Black cabbage. Highly nutritious and extremely versatile vegetable, can be used Steamed, Stir-Fried or in Salads. Large mature leaves Perfect for a Winter Stew or a Summery Juice. Very hardy, leaves can be picked continually all though the year. Pick the lower, older leaves to keep the plant productive. Separate seedling to 15cm apart, plant roots deep and water in well.

Annual / 60-80cm / Part shade / Moderate Water / low Fertiliser needs

**Celery**, Tall Utah Bright green stalks and foliage, ribbed outer and smooth inner stalks growing to 30cm. You don't need wait to your plant to look like the celey bunches like in the shops, use as you need, smaller younger stalks will be tender and promote more growth. Separate seedling to 15cm apart, plant roots deep and water in well.

Annual / 30-50cm / Part shade / Moderate Water / low Fertiliser needs

**Rocket** hardy annual salad green. Young leaves have an attractive slightly spicy flavour which can become very hot in mature leaves. Plants bolt in flower and seed in hot dry conditions, so best grown in winter. Rocket is used raw in sandwiches and salads and cooked, flowers are edible and also a great addition to salads.

Annual / 30-50cm / Part shade / Moderate Water / low Fertiliser needs

**Amaranth** has been known for Centuries for is many health benefits. Fantastic source of Manganese and Calcium great for Women's Health, also high in Vitamin A and C, So easy to cook, widely used in Asian and Indian foods, like Stir-Fry's, Soups, Broths, Curries and Dals. Now is an exciting time with this Red variety, popping up in some fancy dishes. Baby leaf Amaranth adds amazing colour to Salads, Juicing and Smoothies. For all those who have found in hard to stomach Snotty Green Smoothies, Red Amaranth is for you!! Beautiful Blushing Pink, with all the goodness of Spinach!

Best of all is Red Amaranth is so easy to grow, all year round, it's practically a Weed!

Annual, self seedier / .8 to 1.3m / full sun / Low Water Fertiliser needs

Thank you for your Support,

Sarah Heath, Basilea Living Herbs and Edible Flowers

If you have any further question please do hesitate to contact me At [basilea@live.com.au](mailto:basilea@live.com.au)

